About the Contributors

Theme Issue Editor
Jennifer L. Weinberg, MD, MPH, MBE, is a third-year resident in preventive medicine at the Johns Hopkins Bloomberg School of Public Health in Baltimore, where she also earned her master of public health (MPH) degree and certificate in environmental and occupational health. She graduated AOA from the University of Pennsylvania with her doctor of medicine (MD) and master of bioethics (MBE) degrees and certificates in global health and women’s health research. Her professional and research interests include the impact of lifestyle factors on health, health outreach and education, and ethical considerations in global health and telemedicine. In accordance with her passion for a holistic approach to prevention and healing, Dr. Weinberg is a certified integrative yoga instructor and is certified by the Institute for Integrative Nutrition as a holistic health coach.

Contributors
David B. Allison, PhD, is distinguished professor, Quetelet Endowed Professor of Public Health, associate dean for science, director of the Office of Energetics, and director of the NIH-funded Nutrition Obesity Research Center at the University of Alabama at Birmingham. He has authored more than 450 scientific publications, received many awards for his research and mentoring, is an elected fellow of many academic societies, and in 2012 was elected to the Institute of Medicine of the National Academies.

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Valarie Blake, JD, MA, is a senior research associate for the American Medical Association Council on Ethical and Judicial Affairs in Chicago. Ms. Blake completed the Cleveland Fellowship in Advanced Bioethics, received her law degree with a certificate in health law and concentrations in bioethics and global health from the University of Pittsburgh School of Law, and obtained a master’s degree in bioethics from Case Western Reserve University. Her research focuses on ethical and legal issues in assisted reproductive technology and reproductive tissue transplants, as well as regulatory issues in research ethics.

Thomas Bodenheimer, MD, is a general internist who spent 32 years in full-time primary care practice. He is an adjunct professor of family and community medicine and co-director of the Center for Excellence in Primary Care (CEPC) at the
Andrew W. Brown, PhD, is a postdoctoral trainee in the Office of Energetics and Nutrition Obesity Research Center at the University of Alabama at Birmingham. Trained in nutritional biochemistry and statistics, Dr. Brown’s research focuses on establishing an evidence base for common assumptions about nutrition and health on such topics as organic agriculture, artificial sweeteners, and dietary supplements. His recent work relates to research reporting fidelity and its implications for science and policy.

Wayne S. Dysinger, MD, MPH, is chair of the Department of Preventive Medicine at Loma Linda University in California and a practicing clinician. His primary research interests are in lifestyle medicine and population health. He is immediate past President of the American College of Lifestyle Medicine, has participated in lifestyle medicine consulting around the world, and has worked in various capacities with the American Medical Association, the American College of Preventive Medicine, and the Association for Prevention Teaching and Research.

Jed W. Fahey, ScD, is a nutritional biochemist in whose laboratory plants and their phytochemicals are being developed as chemoprotective agents. He is on the faculty in the Department of Pharmacology and Molecular Sciences at the Johns Hopkins School of Medicine and the Department of International Health at the Johns Hopkins Bloomberg School of Public Health in Baltimore.

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Mark T. Hughes, MD, MA, is a core faculty member of the Berman Institute of Bioethics and an assistant professor of medicine in the Division of General Internal Medicine and the Florence R. Sabin College at the Johns Hopkins University School of Medicine in Baltimore. He is a clinician-educator whose scholarly interests include advance care planning, end-of-life decision making, everyday ethics, professionalism, and research ethics. Dr. Hughes is co-developer and associate editor of the Johns Hopkins Internet Learning Center, an Internet-based curriculum used by medical residency programs.

David L. Katz, MD, MPH, is a clinical instructor in medicine at the Yale School of Medicine in New Haven, Connecticut, and the founding director of its Prevention Research Center; medical director for the Integrative Medicine Center at Griffin Hospital in Derby, Connecticut; editor in chief of the journal Childhood Obesity; president elect of the American College of Lifestyle Medicine; and a board-certified specialist in preventive medicine and public health.
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Lenard I. Lesser, MD, MSHS, is a research physician at the Palo Alto Medical Foundation Research Institute in California. He is a practicing family physician and a former Robert Wood Johnson Foundation Clinical Scholar. Dr. Lesser’s research focuses on how food marketing affects what people eat.

Kristina H. Lewis, MD, MPH, SM, is a general internist and health researcher with a focus on obesity prevention and treatment. In particular, she is interested in how policy and economics can influence health care and health behaviors. Dr. Lewis is an assistant investigator at the Kaiser Permanente Center for Health Research in Atlanta, Georgia.

Sean C. Lucan, MD, MPH, MS, is a public health researcher at Albert Einstein College of Medicine/Montefiore Medical Center, a practicing family physician in the Bronx, and a former Robert Wood Johnson Foundation Clinical Scholar. Dr. Lucan’s research focuses on how different aspects of urban food environments may influence what people eat and what the implications are for obesity and chronic diseases, particularly in low-income and minority communities.

Micah R. Sadigh, PhD, is a professor of psychology at Cedar Crest College in Allentown, Pennsylvania. He is a member of the American Psychosomatic Society, the American Psychological Association, and the International College of Psychosomatic Medicine and is a diplomate in Franklian psychology. He has published on such topics as the psychophysiology of sleep disorders, the role of personality disorders in rehabilitation medicine, and the meaning of symptoms.

Anthony L. Schlaff, MD, MPH, is the director of the Public Health Program and a professor in the Department of Public Health and Community Medicine at Tufts University School of Medicine in Boston. Board certified in both internal medicine and preventive medicine, Dr. Schlaff is currently president of the Association for Prevention Teaching and Research. His research interests center on the role of physicians in promoting public health and population medicine.
Andrew A. Strasser, PhD, is an associate professor in the Department of Psychiatry of Perelman School of Medicine at the University of Pennsylvania in Philadelphia. Dr. Strasser’s research examines how smoking behaviors and product use relate to carcinogen and toxin exposure and how cigarette warning labels, tobacco packaging design, and anti-tobacco messaging affect health risk beliefs and smoking behaviors.

Rachel Willard-Grace, MPH, directs a randomized control trial of health coaching in the primary care setting and conducts evaluation of practice transformation at the Center for Excellence in Primary Care (CEPC) at the University of California, San Francisco. She has a master’s degree in public health from the University of North Carolina at Chapel Hill. Prior to joining the CEPC, Rachel was the executive director of a free clinic and worked as a public health researcher with an interest in organizational culture and change.

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