## Virtual Mentor

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## **VIEWPOINT The Value of Industry Gifts to Physicians** Audiey Kao, MD, PhD

- A pen, of the kind that drug companies commonly distribute to physicians, can cost as little as 25 cents if you purchase 10,000 of them from a product catalog.
- A disposable penlight, another gift commonly distributed, costs approximately \$2.50 at university bookstores.
- The average cost of a dinner at a 4-star restaurant such as Charlie Trotter's in Chicago, is \$100 per person, excluding drinks and gratuity.
- Physicians who are more aware of guidelines about gifts from industry are more likely to view such gifts as inappropriate [1-13].
- The AMA's Council on Ethical and Judicial Affairs' Policy E-8.061 provides specific guidelines about what are appropriate and inappropriate gifts to physicians from industry. (See also Addendum to E-8.061).

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Audiey Kao, MD, PhD is editor in chief of Virtual Mentor

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