

Choosing Unwisely

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Abstract

This comic visually conveys the absurdity of overreliance on symptom measures and excessive testing in contemporary clinical decision making and health care practice.

FROM THE INITIAL EXAM AND
BASIC TESTS, I THINK I KNOW THE
REASON FOR YOUR HEADACHES...

BUT I SAY WE SHOULD
PROCEED WITH
A VERY THOROUGH
AND YERY EXPENSIVE WORKUP
...JUST TO MAKE SURE
THAT WE AREN'T
MISSING SOMETHING

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2020

Media

Sketched with pencil on paper; finished in Corel Paintshop.

Caption

Diagnostic tests or procedures are unnecessary and potentially sources of iatrogenic harm when ordered out of fear of litigation or for some other reason that does not motivate or inform good care of a patient.¹ Organizations and health care professional societies have introduced many initiatives, among which Choosing Wisely is one of the most widely known,² to emphasize the importance of evidence-based, patient-centered approaches to diagnostic decision making.³

References

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- 2. Choosing Wisely® website. https://www.choosingwisely.org. Accessed June 8, 2020.
- 3. American College of Radiology. ACR Appropriateness Criteria. https://www.acr.org/Clinical-Resources/ACR-Appropriateness-Criteria. Accessed July 23, 2020.

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Conflict of Interest Disclosure

The author(s) had no conflicts of interest to disclose.

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