

**ART OF MEDICINE**

**Healing Body and Spirit**

Artwork and caption by Ariana Ellis

**Figure 1.** *Healing*, by Ariana Ellis



**Media**

Charcoal and gold leaf on paper.

**Caption**

This drawing considers how achieving balance between allopathic, Western medical practices and spiritual practices can be critical for clinicians hoping to offer compassionate health care. Ethical and clinical challenges of consistently offering compassionate care to patients from all backgrounds requires cultivating and practicing spiritual awareness while maintaining professional boundaries.

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**Conflict of Interest Disclosure**

The author had no conflicts of interest to disclose.

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