ART OF MEDICINE

Burnout
Matt Heenan

Abstract
Multiple pieces of reclaimed pallet wood are sculpted into a lateral cerebrum and a gradient of burned wood visually represents a crisis among health care professionals.

Figure. *Burnout*

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Reclaimed pallet wood.

Caption
Like the wood of a tree, health professions students and practitioners grow stronger with each year of study and practice. Although wood is the strength and substance of a tree, allowing its branches and leaves to flourish despite harsh weather, wood also predisposes a tree to burn. *Burnout* is a metaphor for the emotional exhaustion, cynicism, and negligence that can engulf even the strongest students and clinicians.
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Citation

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Conflict of Interest Disclosure
The author(s) had no conflicts of interest to disclose.

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