

## Supplementary Appendix

The authors have provided this appendix containing additional information about their work.

Supplement to: Subramanian R, Brooks MJ. How a Medical Orchestra Cultivates Creativity, Joy, Empathy, and Connection. *AMA J Ethics*. 2022;24(7):584-589. doi: 10.1001/amajethics.2022.584.

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**Figure.** Interview Guide**Motivations for participating in the Nebraska Medical Orchestra (NMO)**

- How long have you been part of the NMO?
- What made you want to join the NMO?
- Have you always played in an ensemble or do you also perform solo?
- Do you enjoy performing in an ensemble more than performing solo, or vice versa? Why?
- How long have you been playing your instrument? What motivates you to continue playing, despite the stresses and strains of your professional life?

**Experience of participating in the NMO**

- Can you take me through a typical practice session?
- What do you like about playing in the NMO? What aspects of the NMO have been beneficial to you?
- What makes playing in an orchestra a special experience?
- Besides the NMO, are you a part of other orchestras?
  - How does NMO compare to other orchestras you've been a part of?

**NMO and mental health**

- Where do you work? What does your work entail?
- Do you think NMO serves as a source of mental health care/support for you? How so?
- How has participating in the NMO affected your well-being?
- Has participating in the NMO affected the way you interact with your patients or with your coworkers? If yes, how?
- What other types of mental health self-care do you engage in?
- What types of mental health care/support has the medical school been providing to health care workers? For example, counseling, meditation sessions, snacks/food, virtual support groups, or other support.
  - Do you notice your colleagues seeking out these sources of support, or is there a sense of stigma around seeking out such support?

**Wrap up**

- Would you like to tell me anything more about your experience in participating in the NMO that we haven't discussed yet?